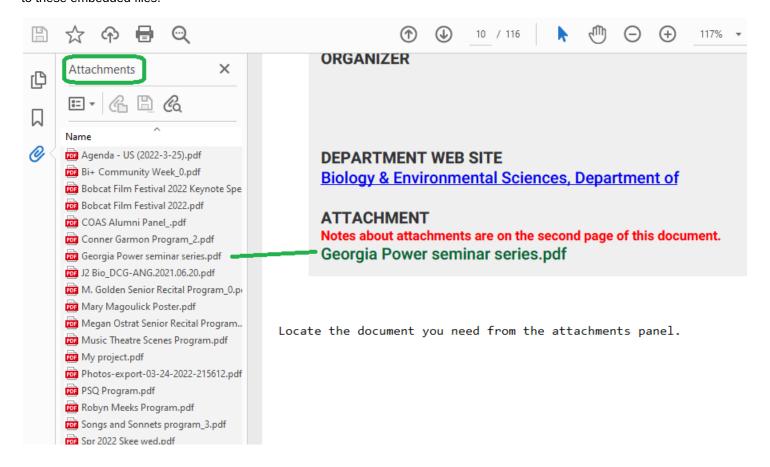
# Front Page Announcement Archive

**December 2021** 



## **Notes on Attachments**

You must open this document in Adobe Reader (or equivalent) to see attached documents. Most browsers do not allow access to these embedded files.



## **Table of Contents**

Table of Contents	2
Announcements Posted Wednesday December 1, 2021	4
Community of Practice- Service Learning Info Session Today	4
12 Days of Healthy Holiday Habits: Day 1- Budgeting for the Holidays	5
Holiday Sing-A-Long	6
Presentation and Open Forum for 3rd Finalist for Associate Dean of the College of Business	7
Announcements Posted Thursday December 2, 2021	8
Upcoming Test of the GC Alert Emergency Notification System	8
Retirement Drop-in for Linda Walls	9
Presentation and Open Forum for 1st Finalist for Associate Dean of the College of Business	10
12 Days of Healthy Holiday Habits: Day 2- Get Your Flu Shot!	11
Finals Test Submissions - Instructors	12
Presentation and Open Forum for 2nd Finalist for Associate Dean of the College of Business	13
Songs and S'mores: Singing Round the Campfire!	14
Thank-a-Teacher @ GC	15
Announcements Posted Friday December 3, 2021	16
Foundation Hall Lot #4 Partially Closed December 6-10	16
Student Rating of Instruction Survey (SRIS) Open	17
Thank-a-Teacher @ GC	18
Flannery O'Connor and Otherness Discussion	19
GC Athletics 2nd annual Athletics Week of Giving Campaign - ALL IN FOR GC!	20
Student Rating of Instruction Survey (SRIS) Open	21
OneUSG Connect Scheduled Maintenance	22
Barnes & Noble at Georgia College Library Location Extended Finals Week Hours	23
12 Days of Healthy Holiday Habits: Day 3- Stay Hydrated	24
Announcements Posted Monday December 6, 2021	25
Enter the Margaret Harvin Wilson Writing Award for a chance to win a cash prize	25
Council on Undergraduate Research (CUR) Opportunities for Presentation & Paper and Internship & Research	27
Savannah Taylor Named Georgia College's Newman Civic Fellow	29
Max Noah Singers "Songs of the Season"	31
12 Days of Healthy Holiday Habits: Day 4- Winter Workout Tips	32
GC Athletics 2nd annual Athletics Week of Giving Campaign - ALL IN FOR GC!	33
Announcements Posted Tuesday December 7, 2021	34
12 Days of Healthy Holiday Habits: Day 5- Self Compassion	34
Georgia's Old Governor's Mansion recognized for holiday display	36
Anthem & Northside Hospital Negotiations Continue	37
GC Provost serves as guest speaker, publishes op ed	38
Announcements Posted Wednesday December 8, 2021	39
Community Notice	39
OneUSG Connect Scheduled Maintenance - HTEST2 (non-production)	40
12 Days of Healthy Holiday Habits: Day 6- Healthier Holiday Recipes	41
Request for Proposals: Affordable Materials Grants Round 21	42
The Nutcracker: Beloved holiday extravaganza returns for 25th year at Georgia College	44
Announcements Posted Thursday December 9, 2021	46
Fifth Annual Graduate Research Poster Exhibit & Competition, Spring 2022	46
GIL Express Update	40
Georgia College Public Safety: Arrest made for terroristic threat	48
Barnes & Noble at Georgia College Winter Break Hours	49
150 DONORS TO GO! GC Athletics 2nd annual Athletics Week of Giving Campaign - ALL IN FOR GC!	50
Join President Cox in the 2021 Milledgeville Christmas Parade	51
12 Days of Healthy Holiday Habits: Day 7- Walking	52
Important Student Email Information	53
Announcements Posted Friday December 10, 2021	54
SRIS Reports Release - December 16 - For Admin	54
GC professors interviewed on national podcast	55
12 Days of Healthy Holiday Habits: Day 8- Art for the Heart	56
== = ajo s	

Winter Break Parking Schedule and Shuttle Service	57
LAST DAY and 70 DONORS TO GO! GC Athletics 2nd annual Athletics Week of Giving Campaign - ALL IN FOR GC!	58
SRIS Reports Release - December 16 - For Faculty	59
Serve Help Desk Holiday Hours	60
Announcements Posted Monday December 13, 2021	61
12 Days of Healthy Holiday Habits: Day 9- Ten Tips for Managing a Busy Holiday Schedule	61
My Thanks on behalf of Dr. Carolyn Denard	63
GeorgiaBEST Scheduled Maintenance - Banner Managed Services Upgrades	64
Announcements Posted Tuesday December 14, 2021	65
12 Days of Healthy Holiday Habits: Day 10- Holiday Food Safety	65
Request Mass Comm Practicum Student	67
Announcements Posted Wednesday December 15, 2021	68
Free Popcorn Matinee for Bobcat Basketball	68
12 Days of Healthy Holiday Habits: Day 11- Coping with Stress	69
Announcements Posted Thursday December 16, 2021	71
GC Athletics Director Staton Chosen to Division II Implementation Committee	71
Service Recognition Ceremony Name Check	72
12 Days of Healthy Holiday Habits: Day 12- Activities That Don't Involve Eating	73
Announcements Posted Friday December 17, 2021	74
West Campus Arch Painting	74
Road closure at West Campus	75
Important Year-End Retirement Updates	76
Announcements Posted Monday December 20, 2021	78
Chick-fil-A Closed 12/20-12/23	78
Holiday Break Preparations - Assistance Needed From/For All	79
Announcements Posted Tuesday December 21, 2021	80
Remote Jabber Access Maintenance	80
Upcoming Test of the Alertus Desktop Emergency Notification System	81
Staff Council Monthly Meeting: December 21	82
Announcements Posted Wednesday December 22, 2021	83
Submit content for GC Today!	83
Governing Board Meeting of the Sandra Dunagan Deal Center for Early Language and Literacy	84
Announcements Posted Thursday December 23, 2021	85
Upcoming CTL Workshops in January	85

## **Announcements Posted Wednesday December** 1, 2021

## **Community of Practice- Service Learning Info Session Today**

GC Journeys: Wednesday December 1, 2021

On Wednesday, Dec 1st, Dr. Stefanie Sevcik will host an information session on CbEL/Service Learning Support and the upcoming community of practice—for those interested in participating.

GC Journeys is offering \$300 for all participants in Spring 2022 Service-Learning Communities of Practice to support new and ongoing service-learning experiences for students. Each group of the following groups will meet 5 times over the course of the Spring 2022 semester. Through a community of engaged, supportive peers, we will discuss the components of excellent service-learning projects, opportunities for support, and the steps to successfully implementing your project.

Join the session, Dec 1st @ 4pm (Zoom link here).

## Apply to participate here.

Updated: 2023-06-12

### **CONTACT INFORMATION**

Jordan Cofer jordan.cofer@gcsu.edu (478)-445-8753

## DEPARTMENT WEB SITE

**GC Journeys** 

### **ATTACHMENT**

Notes about attachments are on the second page of this document.

Service-Learning Info Session 2.pdf

## 12 Days of Healthy Holiday Habits: Day 1- Budgeting for the Holidays

Human Resources, Office of: Wednesday December 1, 2021

Budgeting for the Holidays- Tips for smart spending:

List all expected expenses and set a dollar limit on each one. For example (gifts - \$300, wrapping - \$25, shipping - \$50, decorations - \$100, food - \$200, travel expenses - \$400).

Track spending: keep receipts and a written record of all purchases and expenses during the holiday season. This will help to keep you on track with your set budget.

Plan: pick out a list of gifts to get before heading into a store. If you are unprepared going in, you are more likely to make impulse buys and allocate more money than is in your budget.

You don't have to give everyone a gift: plan ahead who you are going to get gifts for (think close family members and friends), for more distant friends, relatives, and coworkers bake a batch of your favorite holiday treat or send out a heartfelt holiday card. This allows you to spread holiday wishes and cheer without breaking the bank.

Buying online: try ordering as many gifts as possible from the same website/company in order to save money on shipping costs. Also take advantage of online sales and look through ads for coupons that can be applied at checkout.

Take advantage of in-store sales and don't be afraid to check pricing of goods at multiple locations, ask if stores are willing to price check (meaning, meet the prices of their competitors!).

Updated: 2023-06-12

### **CONTACT INFORMATION**

Kayla Brownlow kayla.brownlow@gcsu.edu (478)-445-5932

DEPARTMENT WEB SITE Human Resources, Office of

## **Holiday Sing-A-Long**

Music, Department of: Wednesday December 1, 2021

The Music Therapy's Instrumental Survey Class will have a 30 minute sing-a-long in front of the Campus Theatre on December 2, at 6:00. 17 students will be playing their accordions.

Updated: 2023-06-12

### **CONTACT INFORMATION**

Tammie Burke tammie.burke@gcsu.edu (478)-445-2645

DEPARTMENT WEB SITE Music, Department of

## Presentation and Open Forum for 3rd Finalist for Associate Dean of the College of Business

College of Business & Technology: Wednesday December 1, 2021

You are invited to hear a presentation by the third finalist for Associate Dean of the College of Business on Monday, December 6th, from 11:00 to 11:45 a.m. in Atkinson Hall, room 202. The finalist will discuss the topic: "Opportunities for Business Education in the Public Liberal Arts".

After you have had the opportunity to meet the finalist, please evaluate the candidate by completing a survey located at <a href="https://forms.office.com/Pages/ResponsePage.aspx?id=-pzSv3G05kKavJU6bW8H1pzziliL0ltBg7Pf10qB\_j1UNE9RUVo5R1E2R05GUIIUUENQUTg2SUQ1RS4u">https://forms.office.com/Pages/ResponsePage.aspx?id=-pzSv3G05kKavJU6bW8H1pzziliL0ltBg7Pf10qB\_j1UNE9RUVo5R1E2R05GUIIUUENQUTg2SUQ1RS4u</a>. The survey will be accessible until 5 p.m. on Tuesday, December 7.

The finalist's CV is attached.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Dr. J.J. Arias jj.arias@gcsu.edu (478) 445-2085

DEPARTMENT WEB SITE
College of Business & Technology

## **Announcements Posted Thursday December 2, 2021**

## **Upcoming Test of the GC Alert Emergency Notification System**

Public Safety: Thursday December 2, 2021

The Georgia College Department of Public Safety has scheduled a test of GC ALERT, the institution's emergency notification system. This test will occur on Friday, December 3rd, 2021 at 3:00 pm. The test will include a function check of multiple GC Alert notification methods, including: text, email, phone, the RAVE Guardian app, and our desktop notification protocol.

GC ALERT is used to disseminate emergency notifications to all of our campus community members. All faculty, staff, and students are automatically enrolled into GC ALERT with their Georgia College email addresses. This system allows campus community members to customize additional notification preferences. Campus community members have the option of including additional email addresses and/or adding text and phone numbers (mobile or landline) to enhance their awareness during emergency circumstances.

Public Safety would like to take the opportunity to remind everyone to update their emergency contact information, as this ensures that you stayed informed during an emergency on campus. If you need to update your emergency contact information or you would like to change your notification preferences, please follow these steps:

- Log into PAWS
- Click on Personal Information
- Click on GC Alert Notification Contact Information

Thank you for staying safe by being informed.

Updated: 2023-06-12

### **CONTACT INFORMATION**

Brett Stanelle brett.stanelle@gcsu.edu (478) 445-4054

DEPARTMENT WEB SITE Public Safety

## **Retirement Drop-in for Linda Walls**

Facilities Management: Thursday December 2, 2021

Building Service invites you to a drop-in retirement celebration for Linda Walls. Linda is retiring after 30 years of service and dedication to Georgia College and will be greatly missed.

Friday, December 3rd 1:00 - 2:00 p.m. Foundation Hall, Room 131

Updated: 2023-06-12

### **CONTACT INFORMATION**

Sylvia White sylvia.white@gcsu.edu 478-445-4467

**DEPARTMENT WEB SITE** 

**Facilities Management** 

## Presentation and Open Forum for 1st Finalist for Associate Dean of the College of Business

College of Business & Technology: Thursday December 2, 2021

You are invited to hear a presentation by the first finalist for Associate Dean of the College of Business on Thursday, December 2nd, from 10:30 to 11:15 a.m. in Atkinson Hall, room 202. The finalist will discuss the topic: "Opportunities for Business Education in the Public Liberal Arts".

After you have had the opportunity to meet the finalist, please evaluate the candidate by completing a survey located at <a href="https://forms.office.com/Pages/ResponsePage.aspx?id=-pzSv3G05kKavJU6bW8H1pzziliL0ltBg7Pf10qB\_j1UNE9RUVo5R1E2R05GUIIUUENQUTg2SUQ1RS4u">https://forms.office.com/Pages/ResponsePage.aspx?id=-pzSv3G05kKavJU6bW8H1pzziliL0ltBg7Pf10qB\_j1UNE9RUVo5R1E2R05GUIIUUENQUTg2SUQ1RS4u</a>. The survey will be accessible until 5 p.m. on Tuesday, December 7.

The finalist's CV is attached.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Dr. J.J. Arias jj.arias@gcsu.edu (478) 445-2085

DEPARTMENT WEB SITE

**College of Business & Technology** 

## 12 Days of Healthy Holiday Habits: Day 2- Get Your Flu Shot!

Human Resources, Office of: Thursday December 2, 2021

Get Your Flu Shot!

Influenza is a potentially serious disease that can lead to hospitalization and sometimes even death. Every flu season is different, and influenza infection can affect people differently, but millions of people get flu every year, hundreds of thousands of people are hospitalized and thousands to tens of thousands of people die from flu-related causes every year. An annual seasonal flu vaccine is the best way to help protect against flu. Vaccination has been shown to have many benefits including reducing the risk of flu illnesses, hospitalizations and even the risk of flu-related death in children. Flu vaccines cause antibodies to develop in the body about two weeks after vaccination. These antibodies provide protection against infection with the viruses that are used to make the vaccine. Influenza vaccine effectiveness (VE) can vary from season to season. The protection provided by an influenza vaccine depends on the age and health status of the person getting the vaccine, and the similarity or "match" between the viruses used to produce vaccine and those in circulation.

While influenza vaccine varies in how well it works, every season influenza vaccines prevent millions of influenza illnesses, tens of thousands of hospitalizations and thousands of deaths. If you have questions about which vaccine is best for you, talk to your doctor or other health care professional. Source: CDC - Centers for Disease Control and Prevention and KEPRO

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Kayla Brownlow kayla.brownlow@gcsu.edu (478)-445-5932

**DEPARTMENT WEB SITE Human Resources, Office of** 

## **Finals Test Submissions - Instructors**

Center for Testing: Thursday December 2, 2021

For all instructors who have received emails requesting Finals Testing for students who receive accommodations, please submit those tests at leas 48 hours before the scheduled test. The Testing Center is very busy during the week of Finals, and we often don't have time to send testing reminders. Thank you so much for your help!

Updated: 2023-06-12

### **CONTACT INFORMATION**

Kerry Chapman kerry.chapman@gcsu.edu 478-445-5016

DEPARTMENT WEB SITE Center for Testing

## Presentation and Open Forum for 2nd Finalist for Associate Dean of the College of Business

College of Business & Technology: Thursday December 2, 2021

You are invited to hear a presentation by the second finalist for Associate Dean of the College of Business on Friday, December 3rd, from 10:00 to 10:45 a.m. in Atkinson Hall, room 202. The finalist will discuss the topic: "Opportunities for Business Education in the Public Liberal Arts".

After you have had the opportunity to meet the finalist, please evaluate the candidate by completing a survey located at <a href="https://forms.office.com/Pages/ResponsePage.aspx?id=-pzSv3G05kKavJU6bW8H1pzziliL0ltBg7Pf10qB\_j1UNE9RUVo5R1E2R05GUIIUUENQUTg2SUQ1RS4u">https://forms.office.com/Pages/ResponsePage.aspx?id=-pzSv3G05kKavJU6bW8H1pzziliL0ltBg7Pf10qB\_j1UNE9RUVo5R1E2R05GUIIUUENQUTg2SUQ1RS4u</a>. The survey will be accessible until 5 p.m. on Tuesday, December 7.

The finalist's CV is attached.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Dr. J.J. Arias jj.arias@gcsu.edu (478) 445-2085

#### **DEPARTMENT WEB SITE**

**College of Business & Technology** 

#### **ATTACHMENT**

Notes about attachments are on the second page of this document.

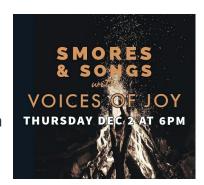
Dr. Edward Walker CV.pdf

## Songs and S'mores: Singing Round the Campfire!

Student Organizations & Clubs: Thursday December 2, 2021

What's a better way to kick off finals than a cozy getaway from studying treating yourself to gooey smores near the campfire?

Voices of Joy is excited to host our Songs and S'mores event: Singing Round the Campfire! Join us for playful times and relaxation. Today from 6-8PM. Depot Lawn



#### **Activities Includes:**

- Karaoke
- Card Games
- Competitive Games
- Roasting Marshmallows

#### **AND**

A couple of selections by the choir!

Bring your friends and warm your hearts with s'mores and hot chocolate!

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Torrianna Harris torrianna.harris@bobcats.gcsu.edu (478)-508-5813

**DEPARTMENT WEB SITE** 

**Student Organizations & Clubs** 

## Thank-a-Teacher @ GC

Center for Teaching & Learning: Thursday December 2, 2021

The Center for Teaching and Learning (CTL) often hears from students about the impact instructors have on their learning and personal growth, making them self-actualized in their endeavors. So as an ongoing basis of support, CTL will institute a Thank-a-Teacher program at Georgia College (GC) beginning Fall 2021 to acknowledge the contributions GC instructors make to our students.

After collecting student feedback, we will provide the named instructors with a certificate and letter acknowledging their nominations.

Teaching has so many intrinsic rewards, but we want to provide GC instructors with a documented way to show the value they bring to GC students.

Please encourage students to follow this link to complete the Thank-a-Teacher form.

For questions, don't hesitate to contact the Center for Teaching and Learning at ctl@gcsu.edu or (478) 445-2520.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Center for Teaching and Learning ctl@gcsu.edu (478) 445-2520

**DEPARTMENT WEB SITE** 

**Center for Teaching & Learning** 

## **Announcements Posted Friday December 3,** 2021

## Foundation Hall Lot #4 Partially Closed December 6-10

Parking & Transportation: Friday December 3, 2021

A section of Foundation Hall Lot #4 will be closing Monday, December 6 in preparation for Fall Commencement. Residents are encouraged to use the gravel parking lot and parking lot behind the Depot.



Updated: 2023-06-12

**CONTACT INFORMATION** 

Brian English brian.english@gcsu.edu (478)-445-7433

**DEPARTMENT WEB SITE Parking & Transportation** 

## **Student Rating of Instruction Survey (SRIS) Open**

Center for Teaching & Learning: Friday December 3, 2021

Your feedback matters!

We value your feedback and invite you to complete your Fall Term 2021 course evaluations. The survey period is open and will close December 6. Every survey is confidential and your thoughtful responses regarding the instructional aspects of the course provide faculty with insights about course effectiveness and give insight into future improvements for the course and programs.

Your instructor may set aside time in class to complete the surveys. Any device with a wireless Internet connection (smartphone, iPad, tablet, laptop, etc.) can access the survey by using the instructions listed below. Once your surveys have been completed you will no longer receive any reminder messages.

If you experience technical difficulties, please complete the following steps.

- Delete your browsing history and your cache within your preferred browser
- Close the browser
- Reopen the browser

\*For desktop browsers, to quickly open menus used to clear your cache, cookies, and history, ensure that the browser is open and selected, and press Ctrl+Shift+Delete (Windows) or Command+Shift+Delete (Mac).

\*If you do not want to delete your browsing history or your cache, please open a New Private Browsing window (in Firefox) or open an Incognito window in Chrome\*

- Navigate to <a href="https://gcsu.campuslabs.com/courseeval/">https://gcsu.campuslabs.com/courseeval/</a>
- Sign in with your Unify username and password.
- If your technical problems persist, please contact Campus Labs Support.

Thank you in advance for helping our faculty improve your learning environment!

Please contact <a href="mailto:sris@qcsu.edu">sris@qcsu.edu</a> with questions or concerns.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Center for Teaching and Learning ctl@gcsu.edu (478) 445-2520

**DEPARTMENT WEB SITE** 

**Center for Teaching & Learning** 

## Thank-a-Teacher @ GC

Center for Teaching & Learning: Friday December 3, 2021

Is there a GC instructor who has positively impacted your life, and you want to recognize them? If so, the Center for Teaching and learning developed a program, Thank-a-Teacher, beginning Fall 2021. By completing a short seven (7) question form, you can tell us how a GC instructor has helped you reach your goals, and we will send them a letter and certificate on your behalf. No acknowledgment is too small and acknowledging someone who makes a difference enables you to make a positive difference.

Follow this link to complete the **Thank-a-Teacher form**.

For questions, don't hesitate to contact the Center for Teaching and Learning at ctl@gcsu.edu or (478) 445-2520.

Updated: 2023-06-12

### **CONTACT INFORMATION**

Center for Teaching and Learning ctl@gcsu.edu (478) 445-2520

**DEPARTMENT WEB SITE** 

**Center for Teaching & Learning** 

## **Flannery O'Connor and Otherness Discussion**

Andalusia Institute: Friday December 3, 2021

Thursday, December 9, 7:00pm Eastern - "Flannery O'Connor and Otherness". Taylor Black, Monica Miller, Bruce Henderson, and Amy Alznauer discuss O'Connor's embrace of oddity and otherness in her life and work. Register <u>HERE</u>

Updated: 2023-06-12

### **CONTACT INFORMATION**

Tammie Burke tammie.burke@gcsu.edu (478)-445-2645

**DEPARTMENT WEB SITE** 

**Andalusia Institute** 

## GC Athletics 2nd annual Athletics Week of Giving Campaign - ALL IN FOR GC!

**University Advancement: Friday December 3, 2021** 

Between December 6 and December 10, 2021, we are calling on all alumni, family, and fans to join together and participate in the Georgia College
Athletics 2nd annual Athletics Week of Giving Campaign, ALL IN FOR
GC! Next week you can make a gift to the team of your choice that will help our student-athletes reach new heights in 2022.

The concept behind ALL IN FOR GC is that when we all come together as one, we can raise critical funds in support of today's student-athletes, invest in future student-athletes, enable our teams to reach and exceed their goals, and build Champions for Life. We hope you will consider being a part of our team by supporting us during this campaign!

Your gift will make a difference for our student-athletes and will propel us on toward success as we prepare for competition. Every dollar contributed goes directly and exclusively to the program of your choice.

P.S. Thanks to the generosity of two passionate supporters, when we reach 100 donors they will give \$5,000 to GC Athletics. If we reach our overall goal of 300 donors, they will give \$11,000 to GC Athletics (\$1,000 to each team).

Make a gift here between December 6 and December 10, 2021

#### #ALLINFORGC

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Caroline Attaway caroline.attaway@gcsu.edu (478)-445-1186

DEPARTMENT WEB SITE University Advancement

## **Student Rating of Instruction Survey (SRIS) Open**

Center for Teaching & Learning: Friday December 3, 2021

The Student Rating of Instruction Survey (SRIS) opened November 16 and will be available for students to complete through December 6. Please encourage your students to complete the Student Rating of Instruction (SRIS) survey. We need a 65% completion rate for usable data. To locate updates to your class response rate, log in to Campus Labs using your Unify credentials.

Research and best practice consistently show the single greatest factor to increase participation in online student rating surveys is for faculty to express and demonstrate how the results are important and used in making meaningful change. The next most influential factor is to set aside time in class to complete the surveys.

We understand time in class can be limited. However, when applicable, if you allow approximately 20 minutes for your students to complete surveys during class, research shows response rates improve. Mobile devices with an Internet connection such as smartphones, tablets, iPods, etc. can all be used to access the <u>survey here</u>.

Students may log in with their Unify credentials. Students will also be receiving a notification and email reminders to complete their surveys. Even so, in-class reminders are very helpful. The student access link does not change and can be used from one term to the next.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Center for Teaching and Learning ctl@gcsu.edu (478) 445-2520

DEPARTMENT WEB SITE

**Center for Teaching & Learning** 

## **OneUSG Connect Scheduled Maintenance**

Information Technology: Friday December 3, 2021

OneUSG Connect will be unavailable to all University System of Georgia employees on Friday, December 3, 2021, at 11:15 p.m. until Saturday, December 4, 2021, at 12:00 p.m. During this time, Employee Self Service and Manager Self Service will not be available. Timeclocks and Benefits will be available.

Updated: 2023-06-12

**CONTACT INFORMATION** 

Serve Help Desk serve@gcsu.edu (478)-445-7378

DEPARTMENT WEB SITE Information Technology

## **Barnes & Noble at Georgia College Library Location Extended Finals Week Hours**

Barnes & Noble at Georgia College: Friday December 3, 2021

The Barnes & Noble location at the Russell Library will be open from 8:30 a.m. to 5:30 p.m. December 6-10.

Updated: 2023-06-12

### **CONTACT INFORMATION**

Matthew Terry matthew.terry@gcsu.edu (478)-445-5925

DEPARTMENT WEB SITE

**Barnes & Noble at Georgia College** 

## 12 Days of Healthy Holiday Habits: Day 3- Stay Hydrated

Human Resources, Office of: Friday December 3, 2021

Stay Hydrated!

Getting enough water every day is important for your health. Drinking water can prevent dehydration, a condition that can cause unclear thinking, result in mood change, cause your body to overheat, and lead to constipation and kidney stones.

## Water helps your body:

- Keep a normal temperature
- Lubricate and cushion joints
- Protect your spinal cord and other sensitive tissues
- Get rid of wastes through urination, perspiration, and bowel movements

Most of your fluid needs are met through the water and beverages you drink. You can get some fluids through the foods that you eat – especially foods with high water content, such as many fruits and vegetables.

## **Tips to Drink More Water**

- Carry a water bottle with you and refill it throughout the day.
- Freeze some freezer safe water bottles. Take one with you for ice-cold water all day long.
- Choose water over sugary drinks.
- Opt for water when eating out. You'll save money and reduce calories.
- Serve water during meals.
- Add a wedge of lime or lemon to your water. This can help improve the taste and help you drink more water than you usually do.

Source: CDC - Centers for Disease Control and Prevention

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Kayla Brownlow kayla.brownlow@gcsu.edu (478)-445-5932

#### **DEPARTMENT WEB SITE**

**Human Resources, Office of** 

## **Announcements Posted Monday December 6,** 2021

## Enter the Margaret Harvin Wilson Writing Award for a chance to win a cash prize

English, Department of : Monday December 6, 2021

Are you an undergraduate student enrolled in the arts, humanities, social sciences and physical sciences? Do you like to write? Then, apply your imagination and skill by entering the Margaret Harvin Wilson Writing Award contest. Finalists will receive a cash award.

Enter in these categories:

- poetry may submit up to three poems, maximum five pages
- drama one-act play, one submission, maximum 20 pages
- short story typed and double-spaced, one submission, maximum 20 pages

There will be two separate contests: One for first-year or sophomore students and one for junior or senior students.

This award was established in memory of Margaret Harvin Wilson, '34, who was born Nov. 11, 1913, in Chattanooga, Tennessee. After her parents divorced, her mother remarried and moved to Grovetown, Georgia, in 1923. No one in the family had attended college, but Margaret was determined because "high school was not enough."

Fortunately, her father provided a small trust (\$1,250), and Margaret enrolled in Georgia State College for Women, which is now Georgia College, and finished in three years (English major, French minor). Margaret waited tables in the dining hall in exchange for discounted tuition and lived in a "free dormitory."

When she was a senior, a teacher encouraged her to enter a short story contest in the English department. Winning first prize in 1933 for "Sympathy Speaks" gave her great confidence for her subsequent career as a teacher.

Margaret married Leland Wilson in 1938 and enjoyed a wonderful and interesting life with him in academe. Their three daughters, inspired by the importance of education in their parents' lives, pursued careers in medicine, law and higher education.

Her college experience was critical to Margaret's intellectual growth, development and in stimulating her desire to explore the world beyond her hometown.

Entry forms for the Margaret Harvin Wilson Writing Award are attached below. Entries must not have any identifying information to be accepted and must be submitted with a coversheet by Feb.

11, 2022 to: melinda.martin@gcsu.edu. To learn more visit: gcsu.edu/writingcontest.

The Award ceremony will take place March 30, 2022, at 5 p.m. in the Pat Peterson Museum Education Room. Finalists must be present to win.

Updated: 2023-06-12

### **CONTACT INFORMATION**

Melinda Martin melinda.martin@gcsu.edu 478-445-4581

### **DEPARTMENT WEB SITE**

**English, Department of** 

### **ATTACHMENTS**

Notes about attachments are on the second page of this document.

MHW Writing Award Poster 2022.pdf

Margaret Harvin Writing Award submission form first year & sophomores 2022.pdf Margaret Harvin Writing Award submission form Juniors & Seniors 2022.pdf

## Council on Undergraduate Research (CUR) Opportunities for Presentation & Paper and Internship & Research

Mentored Undergraduate Research and Creative Endeavors (MURACE): Monday December 6, 2021

Virtual Undergraduate Research Presentation & Paper Opportunities

NSF Opportunity, Cyberinfrastructure for Sustained Scientific Innovation Deadline: December 8, 2021

Call for Papers, Education in the Age of Misinformation Deadline: December 15, 2021

<u>Call for Submissions</u>, Second Railroads in Native America Gathering and Symposium Deadline: December 15, 2021

Call for Abstracts, APS April Meeting Deadline: December 20, 2021

NSF Opportunity, Biological Oceanography Deadline: December 31, 2021

Call for Papers, MACLAS Conference 2022 Deadline January 7, 2022

Call for Abstracts, AEESP 2022 Research and Education Conference Deadline: January 14, 2022

Call for Proposals, 2022 APSA Annual Meeting Deadline: January 18, 2022

NSF Opportunity, Partnerships for Research and Education in Physics Deadline: January 21, 2022

<u>Call for Papers</u>, Sigma Xi Society Re-envisioning STEM Education and Workforce Development for the 21st Century Deadline: January 23, 2022

<u>Call for Papers</u>, Environmental Science and Technology Deadline: January 31, 2022

<u>Call for Papers</u>, The Reed Undergraduate Journal of Existentialism, St. Olaf College Deadline: January 31, 2022

<u>Call for Papers</u>, 2022 Virtual International Conference on Social Media and Society Deadline: January 31, 2022

**Internship & Research Opportunities** 

Summer Research Internship, Hutchinson Cancer Research Center Deadline: January 7, 2022

<u>Visiting Scientist Program, Counterterrorism, and Forensic Science Research Unit</u>, FBI Applications reviewed on a rolling basis

Want to discover more opportunities or would like to share one of your own? Check out our <u>internship and research opportunities</u> and <u>paper and presentation opportunities</u>.

Updated: 2023-06-12

CONTACT INFORMATION MURACE urace@gcsu.edu (478) 445-2520

### **DEPARTMENT WEB SITE**

Mentored Undergraduate Research and Creative Endeavors (MURACE)

## Savannah Taylor Named Georgia College's Newman Civic Fellow

**Leadership Programs : Monday December 6, 2021** 

The Newman Civic Fellowship recognizes and supports community-committed students who are changemakers and public problem-solvers at Campus Compact member institutions. Savannah Taylor currently studies World Language and Culture and economics at Georgia college where she is set to graduate in May of 2022.

As a Newman Civic Fellow, Savannah Taylor serves as a resource for the Office of Leadership Programs, attends special events such as the American Rural Prosperity Summit, and coordinates events affiliated with Leadership Programs.

Passionate about sustainability and volunteerism, Taylor currently serves as a Garden Manager Intern at the Office of Sustainability. During her time



at Georgia College, she has cultivated a garden on West Campus, working alongside Campus Kitchens to reduce food insecurity at Georgia College and Milledgeville. Additionally, Savannah Taylor authored a PepsiCo Zero Waste Impact grant which allowed Georgia College to install electric vehicle charging stations. Extending her reach to the surrounding community, Savannah inspires local highschool students to volunteer and create their own garden beds.

As a community-leader, Savannah Taylor advocates for change and leads the way on how to improve sustainable practices.

"The biggest discussion that needs to be happening surrounding sustainability is a conversation about diversity and inclusion. Diversity and inclusion in the traditionally discussed role of race and gender is important; the wider of a knowledge and experience base we have for people looking to sustainability, the more creative solutions and ideas we will see," said Taylor "However, in that same vein, I also mean diversity and inclusion in terms of discipline. Sustainability has kickstarted from environmentalism, but true sustainability incorporates the three pillars of environment, economics, and ethics. In order to fully address issues of sustainability, we need diversity in professions, but also interdisciplinary professions."

Taylor has always had a passion for environmentalism. From a young age, she valued the environment around her. Taylor recounts a time when she was 6 years of age, and saw a bumblebee fly into her pool. Concerned, Taylor picked up the bee where it stung her on her palm, "I'm sure that I was upset, but I just remember wanting to help the bee. It's been a while, but I still play in the garden and help bees when I can."

As she looks to the future, Taylor hopes to dive into a career of policymaking, where she plans to take her values of sustainability with her. Currently, she aspires to work for either the Department of State, the Department of Defense, or the US Agency for International Development. A true changemaker at heart, Savannah Taylor aims to leave the communities around her better than when she found them.

Read more here: https://leadcreatively.prowly.com/167089-savannah-taylor-named-georgia-

## colleges-newman-civic-fellow

Updated: 2023-06-12

**CONTACT INFORMATION** 

Harold Mock harold.mock@gcsu.edu (478) 445-1227

**DEPARTMENT WEB SITE** 

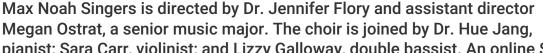
**Leadership Programs** 

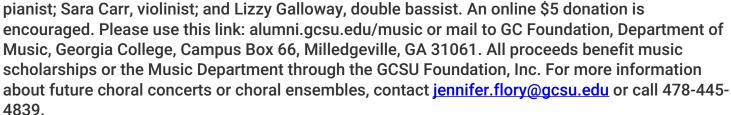
## Max Noah Singers "Songs of the Season"

Music, Department of: Monday December 6, 2021

Max Noah Singers present Songs of the Season

Georgia College's Max Noah Singers will perform a brief holiday concert at Georgia's Old Governor's Mansion on Wednesday, Dec. 8, at 1:30 pm. The concert will showcase a cappella songs and songs with piano, violin, and double bass. Three sets of songs include settings of traditional carols from America, France, Spain, and Austria. The program is rounded out by an arrangement of Mary, Did You Know?; an original setting of Ave Maria; The Real Group favorite, The World for Christmas; and our annual men's quartet performance of The Twelve Days of Christmas.







#### **CONTACT INFORMATION**

Kate Phillips kate.phillips@gcsu.edu (478)-445-8289

### **DEPARTMENT WEB SITE**

Music, Department of

#### **ATTACHMENT**

Notes about attachments are on the second page of this document.

MNS Mansion Program\_0.pdf



## 12 Days of Healthy Holiday Habits: Day 4- Winter Workout Tips

Human Resources, Office of : Monday December 6, 2021

12 Days of Healthy Holiday Habits: Day 4-

Winter workouts and tips for exercising in the cold:

Alternatives to exercising outside in the winter: hot yoga, indoor cardio (climbing stairs, jumping jacks, mountain climbers, burpees, jumping rope, high knees), indoor rock climbing, visiting a local gym and taking advantage of workout machines and indoor pools.

When exercising outside be sure to wear proper clothing: the first layer should be a moisture wicking material that will take sweat away from the body (this keeps an individual from sweating and then getting cold from the wetness), the second layer should be a fleece or wool material to keep warm, the outmost layer should be wind and rain resistant (however, it is important to take this final layer off when exercising unless it is raining or snowing because it can trap sweat and make you feel wet and cold).

Stretch before and after working out to avoid stiff muscles, pain, and injury.

Stay hydrated: the cold can diminish feelings of thirst by up to 40%. For every hour of physical activity done in the cold, the body needs 16oz of water.

In extreme temperatures, wear hats, gloves and scarves to prevent hypothermia. This can occur when the body reaches temperatures below 95 degrees Fahrenheit.

Sun damage can occur even in the winter with colder temperatures, when exercising or spending extended periods of time outdoors, be sure to wear sunscreen.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Kayla Brownlow kayla.brownlow@gcsu.edu (478)-445-5932

DEPARTMENT WEB SITE Human Resources, Office of

## GC Athletics 2nd annual Athletics Week of Giving Campaign - ALL IN FOR GC!

University Advancement: Monday December 6, 2021

Today through Friday, we are calling all alumni, family, and fans to join together and participate in Georgia College Athletics 2nd annual Athletics Week of Giving Campaign, ALL IN FOR GC! You can make a gift to the team of your choice that will help our student-athletes reach new heights in 2022.



The concept behind ALL IN FOR GC is that when we all come together as one, we can raise critical funds in support of today's student-athletes, invest in future student-athletes, enable our teams to reach and exceed their goals, and build Champions for Life. We hope you will consider being a part of our team by supporting us during this campaign!

Your gift will make a difference for our student-athletes and will propel us on toward success as we prepare for competition. Every dollar contributed goes directly and exclusively to the program of your choice.

P.S. Thanks to the generosity of two passionate supporters, when we reach 100 donors they will give \$5,000 to GC Athletics. If we reach our overall goal of 300 donors, they will give \$11,000 to GC Athletics (\$1,000 to each team).

Make a gift today!

**#ALLINFORGC** 

For any questions, please contact Caroline Attaway at <u>caroline.attaway@gcsu.edu</u> or 478-445-1186.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Caroline Attaway caroline.attaway@gcsu.edu (478)-445-1186

DEPARTMENT WEB SITE University Advancement

## **Announcements Posted Tuesday December 7,** 2021

## 12 Days of Healthy Holiday Habits: Day 5- Self Compassion

Human Resources, Office of: Tuesday December 7, 2021

12 Days of Healthy Holiday Habits: Day 5

**Self-Compassion:** 

Self-compassion can be defined as – extending compassion to oneself in instances of perceived inadequacy, failure, or general suffering.

There are 3 aspects of self-compassion: 1.) Self-kindness (being gentle towards oneself, especially when confronted with painful experiences), 2.) Common humanity (recognizing that suffering and personal inadequacy is part of the shared human experience), and 3.) Mindfulness (a receptive state of mind in which a person observes thoughts and feelings as they are).

During the holiday season it is especially important to experience self-compassion because life gets stressful, you forget to give one of your colleagues a holiday card, or your in-laws make negative comments about your glazed ham again. Having compassion and understanding that you are not perfect and will make mistakes makes enjoying the holiday a little easier by releasing yourself from the pressure of perfection.

Supportive Touch: One easy way to care for and comfort yourself when you're feeling badly is to give yourself supportive touch. Touch activates the care system and the parasympathetic nervous system to help us calm down and feel safe. It may feel awkward or embarrassing at first, but your body doesn't know that. It just responds to the physical gesture of warmth and care, just as a baby responds to being cuddled in its mother's arms. Our skin is an incredibly sensitive organ. Research indicates that physical touch releases oxytocin, provides a sense of security, soothes distressing emotions, and calms cardiovascular stress.

How to do this: Hand-on-Heart

- 1. When you notice you're under stress, take 2-3 deep, satisfying breaths.
- 2. Gently place your hand over your heart, feeling the gentle pressure and warmth of your hand. If you wish, place both hands on your chest, noticing the difference between one and two hands.
- 3. Feel the touch of you hand on your chest. If you wish, you could make small circles with your hand on your chest.
- 4. Feel the natural rising and falling of your chest as you breathe in and as you breathe out. Linger with the feeling for as long as you like.
- 5. Think of a situation in your life that is difficult, that is causing you stress. Call the situation to mind and see if you can feel the stress and emotional discomfort in your body.

Now, say to yourself:
"This is a moment of suffering"

That's mindfulness.

Other options include: "This hurts." This is stress."

Suffering is a part of life. Other options include: "Other people feel this way." "I'm not alone." "We all struggle in our lives."

Now, put your hands over your heart, feel the warmth of your hands and the gentle touch of your hands on your chest. Or adopt the soothing touch you discovered felt right for you.

Say to yourself:

"May I be kind to myself"

You can also ask yourself, "What do I need to hear right now to express kindness to myself?" Is there a phrase that speaks to you in your particular situation, such as: "May I give myself the compassion that I need." "May I learn to accept myself as I am." "May I forgive myself." "May I be strong." "May I be patient."

This practice can be used any time of day or night, and will help you remember to evoke the three aspects of self-compassion when you need it most

Updated: 2023-06-12

### **CONTACT INFORMATION**

Kayla Brownlow kayla.brownlow@gcsu.edu (478)-445-5932

**DEPARTMENT WEB SITE Human Resources, Office of** 

## Georgia's Old Governor's Mansion recognized for holiday display

Georgia's Old Governor's Mansion: Tuesday December 7, 2021

The holiday display at Georgia's Old Governor's Mansion has been recognized by <u>foxnews.com</u> in their feature "Christmas tree displays across America that are larger than life."

The Mansion was listed as one of the 10 must-see displays from around the country.

Others included the Kauai Festival of Lights in Lihue, Kauai, Hawaii, Candy Land Christmas in Johnson City, Tennessee, and LEGO Christmas Tree at LEGOLAND California in Carlsbad, California.

"We hope visitors will enjoy our annual seasonal display and appreciate the national recognition of our efforts," said Matt Davis, director of Historic Museums. "This piece was a welcomed acknowledgment of the hard work of our decorating committee, community volunteers, student volunteers and museum staff."

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Brittiny Johnson brittiny.johnson@gcsu.edu (478)-445-1934

DEPARTMENT WEB SITE
Georgia's Old Governor's Mansion

## **Anthem & Northside Hospital Negotiations Continue**

Human Resources, Office of: Tuesday December 7, 2021

Dear benefit-eligible Georgia College employees,

As we initially shared on November 4, 2021, we wanted to make you aware that Anthem and Northside Hospital System are still in contract negotiations. If an agreement isn't reached by December 31, 2021, Northside Hospital System will be out of network for the USG Anthem plans – Consumer Choice HSA, Comprehensive Care and BlueChoice HMO – as of January 1, 2022.

If an agreement is not reached by January 1, 2022, employees and dependents enrolled in the Anthem plans who utilize Northside doctors or facilities will be subject to out-of-network benefits coverage unless the care is approved under Continuation of Care. If you are currently in treatment approved under Continuation of Care with a Northside Hospital System provider, you should have received the attached letter via mail directly from Anthem. If you did not receive this letter but believe you should have based on the conditions listed, please call Accolade at the Member Services number listed on your ID card.

Information about the negotiations is available on the Anthem website at<u>anthem.com/northside</u>. If you have questions about continuing to receive care from your doctor, please visit member.accolade.com or call the Member Services number on your ID card.

We will continue to provide updates as we receive them.

Sincerely,

Benefits, Office of Human Resources

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Benefits benefits@gcsu.edu (478)-445-5596

DEPARTMENT WEB SITE Human Resources, Office of

**ATTACHMENT** 

Notes about attachments are on the second page of this document.

Anthem\_Northside GA Continuation of Care.pdf

## GC Provost serves as guest speaker, publishes op ed

University Communications: Tuesday December 7, 2021

Provost and Vice President for Academic Affairs Dr. Costas Spirou was recently invited present to the University Research Parks Association. On Dec. 1, he presented research from his new book "Anchoring Innovation Districts: The Entrepreneurial University and Urban Change" (Johns Hopkins University Press, 2021).

An op-ed Spirou authored was also published by <u>Times Higher Education</u>. It further explains the concept of innovation districts and how universities should also look at the downsides of such developments.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Brittiny Johnson brittiny.johnson@gcsu.edu (478)-445-1934

DEPARTMENT WEB SITE University Communications

# **Announcements Posted Wednesday December 8, 2021**

## **Community Notice**

Public Safety: Wednesday December 8, 2021

Georgia College Public Safety received a phone call at approximately 8 a.m. today with an alleged bomb threat at the Maxwell Student Union (MSU).

In an abundance of caution, the building was evacuated. Public Safety along with GBI and law enforcement partners responded to the call. A canine unit conducted a sweep and a determination was made that no explosive devices were present.

The building is now re-opened and will resume normal operations.

Public Safety will maintain a presence around the MSU throughout the day. An investigation remains ongoing, and anyone with information is encouraged to contact Public Safety at 478-445-4400.

Sincerely,

Cathy Cox President Georgia College & State University

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Public Safety publicsafety@gcsu.edu 478-445-4400

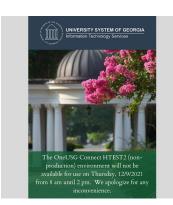
**DEPARTMENT WEB SITE** 

**Public Safety** 

## **OneUSG Connect Scheduled Maintenance - HTEST2 (non-production)**

Information Technology: Wednesday December 8, 2021

The OneUSG Connect HTEST2 (non-production) environment will not be available for use on Thursday, December 9, 2021 from 8:00 a.m. until 2:00 p.m. We apologize for any inconvenience.



Updated: 2023-06-12

#### **CONTACT INFORMATION**

Serve Help Desk serve@gcsu.edu (478)-445-7378

DEPARTMENT WEB SITE

**Information Technology** 

## 12 Days of Healthy Holiday Habits: Day 6- Healthier Holiday Recipes

Human Resources, Office of: Wednesday December 8, 2021

**Healthier Holiday Recipes** 

Wild rice and cider cranberry pilaf - <a href="https://www.countryliving.com/food-drinks/a23390979/wild-rice-and-cider-cranberry-pilaf-recipe/">https://www.countryliving.com/food-drinks/a23390979/wild-rice-and-cider-cranberry-pilaf-recipe/</a>

Spiced carrot cake with ricotta icing - <a href="https://www.delicious.com.au/recipes/spiced-carrot-cake-ricotta-icing/7HtuKxHW?r=recipes/collections/ah9554ye">https://www.delicious.com.au/recipes/spiced-carrot-cake-ricotta-icing/7HtuKxHW?r=recipes/collections/ah9554ye</a>

Green bean casserole - https://lexiscleankitchen.com/green-bean-casserole/

Honey glazed Hasselback butternut squash - <a href="https://thehealthyfoodie.com/hasselback-butternut-squash/">https://thehealthyfoodie.com/hasselback-butternut-squash/</a>

Sausage stuffing balls - <a href="https://www.homemadeinterest.com/stuffing-sausage-balls/">https://www.homemadeinterest.com/stuffing-sausage-balls/</a>

Gingerbread cookies - <a href="https://cookieandkate.com/healthy-gingerbread-cookies/">https://cookieandkate.com/healthy-gingerbread-cookies/</a>

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Kayla Brownlow kayla.brownlow@gcsu.edu (478)-445-5932

**DEPARTMENT WEB SITE Human Resources, Office of** 

## Request for Proposals: Affordable Materials Grants Round 21

Ina Dillard Russell Library: Wednesday December 8, 2021

Affordable Learning Georgia, an initiative of the University System of Georgia focused on providing affordable course materials, recently released a Request for Proposals for Affordable Materials Grants. Applications are due by February 14, 2022. Two types of grants are available:

Transformation Grants support individual instructors, teams of instructors, and entire departments, along with supporting professional staff, in replacing their existing commercial textbooks and materials in a specific course with no- or low-cost-to-students learning materials. The maximum award for Transformation Grants is \$30,000.

Continuous Improvement Grants support projects that increase the sustainability of open educational resources through substantial revisions and the creation of new materials. The maximum award for Continuous Improvement Grants is \$10,000.

Interested faculty should review the attached timeline and return the Intent to Apply form to <a href="mailto:grants@gcsu.edu">grants@gcsu.edu</a> no later than January 14, 2022.

Georgia College's Affordable Learning Georgia Champions Team is available to assist with building OER projects. The Office of Grants and Sponsored Projects is available to assist with budget preparation, application review, grants acknowledgment form, and application submission.

Dr. Shaundra Walker, Library Director, and Faculty Champion ext. 0987 or shaundra.walker@gcsu.edu

Ms. Jennifer Townes, Scholarly Communications Librarian, and Library Champion ext. 0991 or jennifer.townes@gcsu.edu

Ms. Jaclyn Queen, Instructional Designer, and Instructional Design Champion ext. 1276 or jaclyn.queen@gcsu.edu

Mrs. Chandra Cheatham, Grant and Contract Administrator ext 8621 or <a href="mailto:cheatham@gcsu.edu">chandra.cheatham@gcsu.edu</a>

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Shaundra Walker shaundra.walker@gcsu.edu 478-445-0987

#### **DEPARTMENT WEB SITE**

**Ina Dillard Russell Library** 

#### **ATTACHMENTS**

Notes about attachments are on the second page of this document.

Intent to Apply.pdf
ALG USG Timeline\_round 21.pdf

## The Nutcracker: Beloved holiday extravaganza returns for 25th year at Georgia College

Theatre & Dance, Department of: Wednesday December 8, 2021

Georgia College celebrates its 25th Annual production of the cherished classic ballet, "The Nutcracker," Friday and Saturday, Dec. 10-11, and Sunday, Dec. 12, in Russell Auditorium.

Some dancers, a mix of college and high school students, have danced in Georgia College's "Nutcracker" every year since age 3.

"I directed the first 'Nutcracker' 25 years ago on our campus, and we only had about 40 dancers," said Amelia Pelton, director of dance at Georgia College. "We're now in our second generation. Some children have parents who danced in 'The Nutcracker.' I look forward to this all year and plan it year-round! It is my joy."



The 1892 Russian ballet has become a staple in many celebrations of Christmas. The fairytale twoact play follows the holiday festivities of a family, and a young girl who dreams of a handsome Nutcracker waging battle on an evil Mouse King.

"Dance of the Sugar Plum Fairy" is one of the most recognizable pieces in "The Nutcracker" and a demanding solo for performers.

Two Georgia College dance minors play Sugarplum Fairy this year: senior psychology major McKenna Whitley of Duluth and sophomore exercise science major Katie Payne of Newnan, Georgia. Whitley will perform that role for two performances and Payne the other.

Sophomore creative writing major David Bandy of Decatur plays the Sugarplum Fairy Cavalier. The Nutcracker Prince is played by senior theatre major David Connel of Grayson, Georgia. The Dewdrop Fairy is Alicia Zarker, a junior psychology major from Perry.

This year's role of Clara is played by Avi Villareal, a 9th grade student at Georgia Military College prep. The Snow Queen is portrayed by Libby Mathis, a high school senior from Sandersville.

The Georgia College Cheerleaders perform as the tumbling Russian dancers.

About 240 dancers ages 3 to adult are in the production, including 120 from Baldwin County Elementary schools. Audiences will marvel at special effects like falling snow, a 24-foot dancing dragon, magic tricks and more.

Shows are at 7 p.m. Dec. 10-11 and 2 p.m. Dec. 12. Tickets are available online atgcsutickets.com and at the door. Cost is \$15 for general admission; \$10 for seniors, GC faculty, staff and non-GC students; and \$5 for GC students.

For more information, please call 478-445-8290.

Updated: 2023-06-12

### **CONTACT INFORMATION**

Cindy Odonnell cindy.odonnell@gcsu.edu (478) 445-8668

#### **DEPARTMENT WEB SITE**

**Theatre & Dance, Department of** 

# **Announcements Posted Thursday December 9,** 2021

## Fifth Annual Graduate Research Poster Exhibit & Competition, Spring 2022

The Graduate School: Thursday December 9, 2021

The Graduate Research Poster Exhibit & Competition is an opportunity for graduate students to showcase their research endeavors to the campus community. This year's event will be a virtual display of posters. The virtual poster exhibit consists of a visual display of creativity and research findings. The special event is held in the spring of every year as part of Graduate & Professional Student Appreciation Week, April 4 - 8, 2022.

The virtual poster exhibit with be displayed through the Ina Dillard Russell Library, Knowledge Box. The Knowledge Box is a digital repository that captures, maintains, preserves, and provides access to Georgia College's intellectual capital and institutional records in addition to supporting its teaching and research missions.

#### Competition

As part of the exhibit, The Graduate School will host an awards competition. Participating graduate students will demonstrate their engagement in high quality research or creative activity. The is no oral presentation. Participants should strive to allow their poster to do most of the "talking". The competition will provide students whose research is deemed outstanding and innovative with an opportunity to be evaluated by faculty judges and awarded prizes.

Information on the guidelines, applying, prizes, and registering can be found on The Graduate School web site through the Resources/Graduate Opportunities menu.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Parris Story parris.story@gcsu.edu (478)-445-8576

#### **DEPARTMENT WEB SITE**

The Graduate School

## **GIL Express Update**

Ina Dillard Russell Library: Thursday December 9, 2021

Russell Library would like you to know that GIL Express requests will not be available from 12/13/2021 through 1/4/2022 for the winter break. Please send in any requests you may have before the service temporarily goes down and have a wonderful holiday!

https://galileo-usg-gcsu-primo.hosted.exlibrisgroup.com/primo-explore/search?tab=default\_tab&vid=GCSU\_V1

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Tanya Darden tanya.darden@gcsu.edu (478)-445-4965

DEPARTMENT WEB SITE Ina Dillard Russell Library

### Georgia College Public Safety: Arrest made for terroristic threat

Public Safety: Thursday December 9, 2021

An arrest has been made following a bomb threat to Georgia College's Maxwell Student Union (MSU) yesterday morning.

The Georgia Bureau of Investigation (GBI), in collaboration with Georgia College Public Safety, has arrested 28-year-old Wilson Harper Jr. of Milledgeville. He was booked into the Baldwin County Jail charged with one count of terroristic threats. Harper was employed by Sodexo, a food service company contracted to provide dining services on campus.

The threat was called in at approximately 8 a.m. Wednesday, Dec. 8, 2021. In an abundance of caution, the building was evacuated. GC Public Safety along with GBI and law enforcement partners responded to the call. A canine unit conducted a sweep and determined that no explosive devices were present.

"The safety of our campus community is and always will be our top priority," said GC Public Safety Chief Brett Stanelle. "We are grateful for the collaboration that led to the result we had, and the work of the GBI along with the Georgia Department of Corrections and Bibb County Sheriff's Office—who both sent their K-9 units. Through this partnership, a thorough assessment confirmed that the threat was not viable and ultimately led to the apprehension of the person we believe was responsible."

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Public Safety publicsafety@gcsu.edu 478-445-4400

DEPARTMENT WEB SITE Public Safety

## **Barnes & Noble at Georgia College Winter Break Hours**

Barnes & Noble at Georgia College: Thursday December 9, 2021

Barnes & Noble at Georgia College will have adjusted operating hours for Winter Break.

December 13-23 Monday – Thursday 9 a.m. to 5 p.m. Friday 9 a.m. to 4 p.m. Saturday 10 a.m. to 3 p.m. Sunday closed

December 24-26 Closed

December 27-29 Monday – Wednesday 9 a.m. to 3 p.m.

December 30 - January 2 Closed

January 3-9
Monday – Thursday 9 a.m. to 5 p.m.
Friday 9 a.m. to 4 p.m.
Saturday 10 a.m. to 3 p.m.
Sunday closed

The Barnes & Noble location at the Russell Library will be closed December 13 to January 9.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Matthew Terry matthew.terry@gcsu.edu (478)-445-5925

DEPARTMENT WEB SITE
Barnes & Noble at Georgia College

## 150 DONORS TO GO! GC Athletics 2nd annual Athletics Week of Giving Campaign - ALL IN FOR GC!

University Advancement: Thursday December 9, 2021

We need your help! We are halfway through our 2nd annual Athletics Week of Giving Campaign, All in for GC, and we are so grateful for all of the support we have been given so far. We have about 150 donors to go



before hitting our goal of 300 donors by THIS FRIDAY. If we hit our goal, a passionate supporter will donate \$11,000 to GC Athletics (\$1,000 to each program)!.

Please consider making a gift to the team of your choice by this Friday, December 10. Your gift in support of GC Athletics will make a difference for our student-athletes and will push us on toward success as we prepare for competition.

https://crowdthunder.gcsu.edu/g/allinforgc

#### **#ALLINFORGC**

For any questions, please contact Caroline Attaway at <u>caroline.attaway@gcsu.edu</u> or 478-445-1186.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Caroline Attaway caroline.attaway@gcsu.edu (478)-445-1186

DEPARTMENT WEB SITE University Advancement

## Join President Cox in the 2021 Milledgeville Christmas Parade

Staff Council: Thursday December 9, 2021

President Cox along with Staff Council invite all faculty, staff, and their families to join Georgia College in the 2021 Milledgeville Christmas Parade this Sunday, December 12 at 3 p.m. Participants will be able to either walk in the parade or ride on the GC bus. Spots for the Georgia College bus are limited to a first come, first served basis and all participants are encouraged to wear GC colors or holiday attire. Please fill out this form to let us know if you will be joining us Additional details will be communicated to your GC email address.

Updated: 2023-06-12

**CONTACT INFORMATION** 

Joshua Smith joshua.smith4@gcsu.edu (478)-445-4477

DEPARTMENT WEB SITE Staff Council

## 12 Days of Healthy Holiday Habits: Day 7- Walking

Human Resources, Office of: Thursday December 9, 2021

Walking-

Have you been thinking of adding more physical activity to your life? Have you thought about walking? Walking is a great way to be more active and is the most popular physical activity among adults.

The information and tips below can help you make walking and physical activity part of your daily routine.

What are the benefits of walking?

Two benefits of walking are that it's easy to do and has a low risk of injury. Walking also is free or low-cost because you don't need special equipment, clothing, facilities, or training. Because walking can easily fit your schedule, needs, and abilities, it's a good way to start getting active if you've been inactive.

Like other kinds of regular physical activity, walking at a brisk pace also may offer health benefits, such as:

- lowering your risk of high blood pressure, high cholesterol, heart disease, and type 2 diabetes
- strengthening your bones and muscles
- helping you burn more calories
- improving your fitness
- lifting your mood

Source: NIDDK - National Institute of Diabetes and Digestive and Kidney Diseases

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Kayla Brownlow kayla.brownlow@gcsu.edu (478)-445-5932

**DEPARTMENT WEB SITE Human Resources, Office of** 

## **Important Student Email Information**

Information Technology: Thursday December 9, 2021

Hello Bobcats,

Please read this email in its entirety, as it contains important information regarding your Georgia College bobcats.gcsu.edu account. Your student email account @bobcats.gcsu.edu serves as an official means of campus-oriented communication during your time at Georgia College. Please do not connect this account to external systems or services. Your student email account, all associated files, and services related to this @bobcats.gcsu.edu account will be removed from all Georgia College IT systems two semesters after the last semester you registered for classes. Please plan to migrate all email and files to a private account after graduation or within two semesters after you were last registered for classes at Georgia College. Please note! Once an account is removed, it is not possible to recover any of this information.

For questions or concerns please contact Serve at 478-445-7378

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Jamie DeFoor jamie.defoor@gcsu.edu (478)-445-8660

DEPARTMENT WEB SITE Information Technology

# **Announcements Posted Friday December 10, 2021**

## **SRIS Reports Release - December 16 - For Admin**

Center for Teaching & Learning: Friday December 10, 2021

On December 16, you will have access to your department's Fall 2021 Student Rating of Instruction Survey (SRIS) results. Please contact the Center for Teaching and Learning if you need assistance interpreting the data. We can also provide recommendations on program-level changes that may increase your response rates and improve performance ratings. Disseminated through email, be on the lookout for the SRIS summary report from the Center for Teaching and Learning for the Fall 2021 semester.

To access your data, log in to your administrative portal. There, you have access to faculty reports, response rates, question mean analysis, and unit summary reports.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Center for Teaching and Learning ctl@gcsu.edu (478) 445-2520

**DEPARTMENT WEB SITE** 

**Center for Teaching & Learning** 

## GC professors interviewed on national podcast

**University Communications: Friday December 10, 2021** 

Two Georgia College professors have been featured on the podcast "Teaching in Higher Ed" with Bonni Stachowiak. This podcast is one of the most popular podcasts on higher education in the country and has featured authors such as James Lang and Ken Bain.

Drs. Karynne Kleine and Cynthia Alby from the College of Education were interviewed about their new book <u>"Learning That Matters."</u> They hope the interview will help bring national attention to the quality of teaching at Georgia College. Former GC professors, Drs. Julia Metzker and Caralyn Zehnder, co-authored the book and are also featured in the episode.

Alby says they decided to write the book because, "We felt that it had been too long, decades really, since anyone published a highly practical book on course design for those who teach in higher ed, and we had never seen such a book that wove diversity, equity, and inclusion into every stage of course design."

The podcast episode is available now and can be viewed here.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Brittiny Johnson brittiny.johnson@gcsu.edu (478)-445-1934

DEPARTMENT WEB SITE University Communications

## 12 Days of Healthy Holiday Habits: Day 8- Art for the Heart

**Human Resources, Office of : Friday December 10, 2021** 

Art for the Heart

Creative art therapy "programs can comprise a variety of modalities of creative expression, including art, music, dance/movement, drama/psychodrama, poetry, and play therapy" (Reed et al., 2020).

Creative arts therapy is associated with increased resilience which includes "the ability to engage the support of others, the belief that stress can be strengthening, a tendency to set personal goals, and optimism" and increased resilience can be associated with "preventing and treating symptoms of anxiety and/or depression, burnout syndrome, and posttraumatic stress disorder" (Reed et al., 2020).

Creating something or accomplishing an activity such as finishing a drawing or learning a new dance boosts self-esteem and boosts dopamine, which can increase mood, increase drive, and improve concentration.

How to implement similar practices in your own life: buy an adult coloring book and spend 15-20 minutes just coloring, freehand doodle or draw a picture, put on some music and sing along, play music and dance around the room, journal or write down poetry as the words come freely into your mind.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Kayla Brownlow kayla.brownlow@gcsu.edu (478)-445-5932

**DEPARTMENT WEB SITE Human Resources. Office of** 

## Winter Break Parking Schedule and Shuttle Service

Parking & Transportation: Friday December 10, 2021

From December 13 – January 10, resident and commuter-designated lots will be open to all valid university permit holders during regular enforcement hours (Mon.-Fri., 7:30 a.m. - 5 p.m.). Employee-designated lots will only be open to those with a valid employee permit. For more information on permit types, lot locations and designations, visit <a href="www.gcsu.edu/parking">www.gcsu.edu/parking</a>. The university will return to the regular parking schedule January 11.

There is no shuttle service during Winter Break. The Spring 2022 shuttle schedule will begin January 9. Visit <a href="www.gcsu.edu/parkingmap">www.gcsu.edu/parkingmap</a> to view our interactive parking map and download our live shuttle map app, Passio Go, from your favorite app store to track buses in real-time.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Brian English brian.english@gcsu.edu (478)-445-7433

**DEPARTMENT WEB SITE Parking & Transportation** 

## LAST DAY and 70 DONORS TO GO! GC Athletics 2nd annual Athletics Week of Giving Campaign - ALL IN FOR GC!

**University Advancement : Friday December 10, 2021** 

We need your help! Today is the last day to participate in our 2nd annual Athletics Week of Giving Campaign, All in for GC, and we have about 70 donors to go before hitting our goal of 300 donors by TODAY at 6pm. If we hit our goal, a passionate supporter will donate \$11,000 to GC Athletics (\$1,000 to each program)!.

Please consider making a gift to the team of your choice by this Friday, December 10 at 6pm. Your gift in support of GC Athletics will make a difference for our student-athletes and will push us on toward success as we prepare for competition.

https://crowdthunder.gcsu.edu/g/allinforgc

#### **#ALLINFORGC**

For any questions, please contact Caroline Attaway at <u>caroline.attaway@gcsu.edu</u> or 478-445-1186.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Caroline Attaway caroline.attaway@gcsu.edu (478)-445-1186

DEPARTMENT WEB SITE University Advancement

## **SRIS Reports Release - December 16 - For Faculty**

Center for Teaching & Learning: Friday December 10, 2021

On December 16th, you will have access to your student's Fall 2021 responses to the Student Rating of Instruction Survey (SRIS). Please contact the Center for Teaching and Learning for assistance interpreting your data and making operational changes to your course(s) based on the data. We can also discuss differentiating between constructive qualitative feedback that elicits course improvements and feedback that does not.

To access your data, log in to your <u>faculty portal</u>. Once you log in to your faculty portal, select the term for which you would like to see results. Your active courses marked for the survey will populate in your dashboard.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Center for Teaching and Learning ctl@gcsu.edu (478) 445-2520

**DEPARTMENT WEB SITE** 

**Center for Teaching & Learning** 

## **Serve Help Desk Holiday Hours**

Information Technology: Friday December 10, 2021

Serve Help Desk Holiday Hours:

December 10: 8a - 5p December 11: 10a - 6p December 12: Noon - 6p December 13- 17: 8a-5p December 18: 10a - 6p December 19: Noon - 6p December 20 - 23: 8a - 5p

Georgia College is closed from December 24, 2021 through January 3, 2022. During the break, the Serve Help Desk will monitor phone and email messages. Information Technology staff will monitor systems and services to ensure availability. A system emergency is defined as an entire building being offline; internet access to the campus not working; Banner, PAWS, email, or the main web site being down. We will follow-up on all non-emergency requests January 4, 2022.

Holiday Hours

Please contact Public Safety at 478-445-4400 if you are experiencing an emergency.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Serve Help Desk serve@gcsu.edu (478)-445-7378

DEPARTMENT WEB SITE Information Technology

# **Announcements Posted Monday December 13, 2021**

## 12 Days of Healthy Holiday Habits: Day 9- Ten Tips for Managing a Busy Holiday Schedule

Human Resources, Office of: Monday December 13, 2021

10 Tips for Managing a Busy Holiday Schedule

- 1. Plan out the month. Use a calendar and write down all the appointments, parties, and obligations. This ensures that you will be aware of your busiest days and won't forget any commitments.
- Limit your to-do list. Instead of trying to do 100 things in one day break it down into more manageable tasks every day. A person can more realistically accomplish this using the 1-3-5 rule that plans to get one large task, three medium sized tasks, and five small tasks done in one day.
- 3. Prioritize what needs to get done. It can feel almost impossible to finish everything on your to-do list around the holidays. Break down tasks into urgent, somewhat urgent, and not urgent to determine what activities need to be done each day and which ones can roll over into a later day's to-do list.
- 4. Stay active. Exercising releases endorphins that help to boost mood and make a person feel happier and more satisfied.
- 5. Practice saying "no." During the holiday season there will be dozens of parties, celebrations, and cookie swaps. However, trying to go to every event may easily get overwhelming. Take time for yourself and don't be afraid to say no occasionally to have time to care for yourself.
- 6. Take breaks. It is easy to get overwhelmed by the sheer number of things that need to get done. Taking small breaks allows a person to breathe, clear their mind, and stay motivated instead of overwhelmed by their tasks.
- 7. Shop early or online. Near the holidays, malls and stores can get overcrowded, causing stress and anxiety for those who are trying to finish purchasing last minute gifts. Plan out what you are going to get each person and buy early or totally online to avoid the crowds, traffic, and stress.
- 8. Get plenty of sleep. It is recommended that adults get at least 7-9 hours of sleep per night to maintain proper levels of energy and productivity.
- 9. If you are completely overwhelmed by your to-do list, delegate some tasks. Ask your manager for an extension, see if a friend wants to go to the mall with you to knock some gifts off the holiday shopping list, or ask your kids to wrap some of the presents with you. Working together

can make tedious tasks seem easier and more enjoyable.

10. Plan set downtime. It can be easy to get caught up in the hustle and bustle of the holiday season. Leave scheduled time where you are not working or prepping for the holidays to do some self-care, relax, and catch up with friends and family.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Kayla Brownlow kayla.brownlow@gcsu.edu (478)-445-5932

**DEPARTMENT WEB SITE** 

**Human Resources, Office of** 

## My Thanks on behalf of Dr. Carolyn Denard

Inclusive Excellence, Office of: Monday December 13, 2021

Dear Members of the Georgia College Community,

Thanks to all of you who came to my retirement reception on Tuesday and for the many personal well wishes and expressions of congratulations in cards, emails, and gifts that I have received.

I am grateful that I had the opportunity to work at Georgia College for the last seven years with such great colleagues and to be able to contribute to the good work going on at the University.

While I will no longer be on campus every day after I retire, I will be cheering you on in your work from afar and wishing all good things for Georgia College.

Thank you, again, for your wonderful collegiality, your friendship, and your continuing commitment to making Georgia College a welcoming and inclusive place that values the immeasurable benefits of a liberal arts education.

I wish you the happiest of Holidays and all good things in the New Year!

Sincerely,

Carolyn

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Shea Council shea.council@gcsu.edu (478)-445-8625

**DEPARTMENT WEB SITE**Inclusive Excellence, Office of

## **GeorgiaBEST Scheduled Maintenance - Banner Managed Services Upgrades**

Information Technology: Monday December 13, 2021

Upcoming scheduled maintenance notice:

Information Technology Services (ITS) will be installing upgrades in Banner Production environments on Thursday, December 16, 2021 at 5:30 p.m. until Friday, December 17, 2021 at 7:00 a.m.

Banner Managed Services databases will be unavailable during this time.

Updated: 2023-06-12

### CONTACT INFORMATION

Serve Help Desk serve@gcsu.edu (478)-445-7378

#### **DEPARTMENT WEB SITE**

<u>Information Technology</u>

# **Announcements Posted Tuesday December 14,** 2021

## 12 Days of Healthy Holiday Habits: Day 10- Holiday Food Safety

Human Resources, Office of: Tuesday December 14, 2021

Food is an important part of many holiday celebrations. You can help reduce the risk of foodborne illness for your family and friends during the holiday season by following some basic food safety tips.

**General Food Safety Tips:** 

There are four basic steps you should always follow to help reduce the risk of foodborne illness:

- 1. Clean: Wash hands, contact surfaces (like kitchen counters) and utensils often to avoid the spread of bacteria.
  - Wash your hands with soap and warm water for at least 20 seconds before and after handling food, and after using the bathroom, changing diapers or touching pets.
  - Always wash fresh fruits and vegetables with clean, running water that is safe to drink.
- 2. Separate: Keep raw foods separate from cooked and ready-to-eat foods to avoid cross-contamination.
  - Ideally, use two cutting boards, one for raw meat, poultry and seafood, and one for washed fresh produce and ready-to-eat foods.
  - Never place cooked food back on the same plate or cutting board that previously held raw food, unless it has been washed with soap and warm water.
- 3. Cook: Make sure you kill harmful bacteria by cooking foods to the proper internal temperature.
  - Use an instant-read digital thermometer and cook to these temperatures:
    - 82°C (180°F) for whole poultry
    - 74°C (165°F) for stuffing, casseroles, leftovers, egg dishes, ground turkey and ground chicken, including sausages containing poultry meat
    - 71°C (160°F) for pork chops, ribs and roasts, and for ground beef, ground pork and ground veal, including sausages
    - $\circ~$  at least 63°C (145°F) for all whole muscle beef and veal cuts, like steaks and roasts

When you think the food is almost ready, remove it from the heat source and insert the thermometer in the thickest part of the food, away from bone, fat or gristle. Keep cooking if the proper temperature has not been reached.

- Be sure to wash the thermometer or any utensils that are used on raw or partially cooked foods in between temperature checks.
- Eat hot foods while they are still hot.

- 4. Chill: Keep cold foods cold. Bacteria can grow rapidly when food is allowed to sit in the so-called danger zone: between 4°C (40°F) and 60°C (140°F).
  - Eat cold foods while they are still cold.
  - Remove bones from large pieces of meat or poultry and divide them into smaller portions before storing.
  - Throw out perishable food that has been allowed to sit at room temperature for more than two hours. You cannot tell whether food is contaminated with surface bacteria by the way it looks, smells or tastes. When in doubt, throw it out!

#### **Additional Food Safety Tips:**

#### Travelling with food

As always, keep hot foods hot (at or above 60°C / 140°F) and cold foods cold (at or below 4°C / 40°F). Transport hot food in insulated containers with hot packs or wrapped in foil and heavy towels. Transport cold food in a cooler with ice or freezer packs.

#### Leftovers

- Refrigerate all leftovers promptly in uncovered, shallow containers so they cool quickly.
   Refrigerate once steaming stops and leave the lid off or wrap loosely until the food is cooled to refrigerator temperature.
- Store turkey meat separately from stuffing and gravy.
- Use refrigerated leftovers within two to three days or freeze right away for later use.
- Avoid overstocking the refrigerator, so that cool air can circulate effectively.
- Reheat solid leftovers, such as turkey and potatoes, to at least 74°C (165°F). Bring gravy to a full, rolling boil and stir a few times while reheating

Source: www.usg.mylifeexpert.com

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Kayla Brownlow kayla.brownlow@gcsu.edu (478)-445-5932

#### **DEPARTMENT WEB SITE**

**Human Resources, Office of** 

### **Request Mass Comm Practicum Student**

Communication, Department of: Tuesday December 14, 2021

Does your department or office need assistance with communication, promotion or publicity? A Mass Comm practicum student could help! Students in MSCM 2930 can assist on-campus departments and offices with a range of communication projects including: graphic design, shortform videography, digital media management including website content and social media channels, copy writing for blogs and press releases, and much more. (Please remember that communication products must be approved by University Communications prior to distribution.)

Mass Comm practicum students complete 50 hours for a 1.0 course credit. All practicums must be completed on campus and supervised by a Georgia College faculty or staff member. Spring practicum requests are due by COB Wednesday January 5th, 2022.

Click here to request a Mass Comm practicum student: https://forms.gle/7iLDMtgfdBWYPek36

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Christina Smith christina.smith1@gcsu.edu 478-445-8267

**DEPARTMENT WEB SITE** 

Communication, Department of

# **Announcements Posted Wednesday December** 15, 2021

## Free Popcorn Matinee for Bobcat Basketball

Athletics: Wednesday December 15, 2021

Bobcat Athletics would like to welcome all faculty and staff for a special Basketball Matinee Wednesday, Dec. 15!

GC Faculty and Staff get free admission and a free popcorn with purchase of a drink at the basketball doubleheader. The women's game starts at 1PM.



Updated: 2023-06-12

#### **CONTACT INFORMATION**

Al Weston alan.weston@gcsu.edu (478)-445-1779

DEPARTMENT WEB SITE Athletics

## 12 Days of Healthy Holiday Habits: Day 11- Coping with Stress

**Human Resources, Office of : Wednesday December 15, 2021** 

**Coping with Stress** 

+Take breaks from watching, reading, or listening to news stories, including those on social media. It's good to be informed, but hearing about the pandemic constantly can be upsetting. Consider limiting news to just a couple times a day and disconnecting from phone, tv, and computer screens for a while.

Take care of your body

- 1. Take deep breaths, stretch, or meditate
- 2. Try to eat healthy, well-balanced meals
- 3. Exercise regularly
- 4. Get plenty of sleep
- 5. Avoid excessive alcohol, tobacco, and substance use
- 6. Continue with routine preventive measures (such as vaccinations, cancer screenings, etc.) as recommended by your healthcare provider
- 7. Get vaccinated with a COVID-19 vaccine
- +Make time to unwind Try to do some other activities you enjoy
- +Connect with others Talk with people you trust about your concerns and how you are feeling
- +Connect with your community- or faith-based organizations While social distancing measures are in place, try connecting online, through social media, or by phone or mail

If you are struggling to cope, there are many ways to get help. Call your healthcare provider if stress gets in the way of your daily activities for several days in a row.

During times of extreme stress, people may have thoughts of suicide. Suicide is preventable and help is available. More about the risk of suicide, signs to watch for, and how to respond if you notice these signs in yourself or a friend or a loved one, can be found at <a href="https://www.cdc.gov/.../be-there-prevent-suicide/index.html">https://www.cdc.gov/.../be-there-prevent-suicide/index.html</a> Free and confidential crisis resources can also help you or a loved one connect with a skilled, trained counselor in your area.

If you are in crisis, get immediate help:

-Call 911

- -Call Kepro 24/7 at 1-844-243-4440
- -National Suicide Prevention Lifeline: 1-800-273-TALK (8255) for English, 1-888-628-9454 for Spanish

Disaster Distress Helpline: CALL or TEXT 1-800-985-5990 (press 2 for Spanish).

Get Help in a Crisis!!

Source: <a href="https://www.cdc.gov/menta.../stress-coping/cope-with-stress/">https://www.cdc.gov/menta.../stress-coping/cope-with-stress/</a>

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Kayla Brownlow kayla.brownlow@gcsu.edu (478)-445-5932

DEPARTMENT WEB SITE Human Resources, Office of

# **Announcements Posted Thursday December 16,** 2021

## **GC Athletics Director Staton Chosen to Division II Implementation Committee**

Athletics: Thursday December 16, 2021

Georgia College Director of Athletics Wendell Staton was recently chosen to represent Bobcat Athletics and the Peach Belt Conference (PBC) as a member of the NCAA Division II Implementation Committee.



Under the guidance of co-chairs Wisconsin-Parkside Chancellor Debbie Ford and Delta State President William LaForge, the Implementation Committee will review the division's rules and policies and make recommendations, enacting principles agreed upon in the new Division II constitution in January.

"I am honored to be selected as a member of the NCAA Division II Implementation Committee," said Staton. "I am proud to represent the Peach Belt Conference and Georgia College as we are going through historical change within the NCAA."

The committee comprises 28 voting members: one representative from all 23 Division II conferences and five current and former student-athletes. The Implementation Committee will begin meeting in January and provide regular updates to the Division II Management and Presidents Councils. Any recommendations from the Implementation Committee will follow the current Division II governance structure, legislation and policies.

The committee will begin its work after a vote on the new Division II constitution Jan. 20 at the 2022 NCAA Convention in Indianapolis.

Updated: 2023-06-12

**CONTACT INFORMATION** 

Al Weston alan.weston@gcsu.edu (478)-445-1779

DEPARTMENT WEB SITE Athletics

## **Service Recognition Ceremony Name Check**

Human Resources, Office of: Thursday December 16, 2021

The Office of Human Resources is pleased to announce the list of employees who will be honored in the upcoming 2021 Service Recognition Ceremony. The 2021 ceremony recognizes employees who have reached 5, 10, 15, 20, 25, 30 and 35 years of service (including prior employment in a benefits eligible position at GC) by the end of the 2020 calendar year. In an effort to ensure everyone is appropriately recognized, please review the attached list names. If you meet the criteria and your name is not on the list please contact Kelly Beall at ext. 8573 or kelly.beall@gcsu.edu by COB Thursday, December 23. Likewise, the names printed in the program will appear as listed in the attachment. If you have a different preference, please contact Kelly by the same deadline. We look forward to celebrating all of the employees who have reached these milestones. Formal invitations to employees being recognized with date and time of ceremony will be sent forthcoming.

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Kelly Beall kelly.beall@gcsu.edu (478)-445-8573

**DEPARTMENT WEB SITE Human Resources. Office of** 

#### **ATTACHMENT**

Notes about attachments are on the second page of this document. Recognition Program 2022.pdf

# 12 Days of Healthy Holiday Habits: Day 12- Activities That Don't Involve Eating

Human Resources, Office of: Thursday December 16, 2021

Plan Activities That Don't Involve Eating

Here are some ideas for shifting the focus away from food during the holiday season.

- 1. Volunteer in your community; it might turn into an activity you enjoy year-round.
- 2. Try a seasonal activity such as ice skating or winter hiking.
- 3. Make a "walk and talk" date with a friend or family member. Bundle up and take a walk instead of a drive to see holiday lights.
- 4. Visit that museum or exhibit you've been wanting to see.
- 5. Do your shopping at a mall or at local small business, versus shopping online- get those steps in!
- 6. Create a holiday scavenger hunt

Consider new traditions you can start this year. The possibilities are endless!

Updated: 2023-06-12

#### CONTACT INFORMATION

Kayla Brownlow kayla.brownlow@gcsu.edu (478)-445-5932

### **DEPARTMENT WEB SITE**

**Human Resources, Office of** 

# **Announcements Posted Friday December 17,** 2021

# **West Campus Arch Painting**

University Housing: Friday December 17, 2021

Georgia College Facilities will begin painting the entry archway to West Campus on Monday, December 20. During daytime hours, when work crews are active, staff and residents will need to enter and exit West Campus via Blandy Road.

Updated: 2023-06-12

### **CONTACT INFORMATION**

Matthew Terry matthew.terry@gcsu.edu (478)-445-5925

DEPARTMENT WEB SITE University Housing

# **Road closure at West Campus**

Facilities Management: Friday December 17, 2021

Beginning Monday, December 20th, the entrance of West Campus Drive off of the Bypass will be closed from 8am to 5pm daily for the archway to be painted. The Blandy Road entrance will remain open.

If you have any questions, please reach out to Facilities Management at 478-445-4467.

Updated: 2023-06-12

**CONTACT INFORMATION** 

Glenn Waddell glenn.waddell@gcsu.edu 478-445-5836

**DEPARTMENT WEB SITE** 

**Facilities Management** 

# **Important Year-End Retirement Updates**

**Human Resources, Office of : Friday December 17, 2021** 

As 2021 comes to a close, we wanted to share the following important retirement plan information:

- The Teachers Retirement System of Georgia (TRS) contribution rates the TRS employer contribution rate for the current Fiscal Year 2022 is 19.81%. The employee contribution is 6.00%. Effective July 1, 2022, the TRS Employer Contribution Rate for Fiscal Year 2023 will increase to 19.98%. The employee contribution rate will remain unchanged at 6%. Please remember that employer rate changes in the TRS do not impact your benefit at retirement since your benefit is determined by a fixed formula.
- The Optional Retirement Plan (ORP) contribution rates the 2022 ORP Contribution Rates will remain at 6.00% Employee Contribution and 9.24% Employer Contribution.
- 2022 403(b) and 457(b) retirement plan contribution limits. The 2022 IRS retirement plan limits for the upcoming year are available in the attached document.
  - Eligible employees may contribute up to \$20,500 in the USG 403(b) and/or 457(b) plans.
     Employees may contribute up to a total of \$41,000 combined in both plans.
  - If you are age 50 or older, you may contribute up to an additional \$6,500 in each plan for an additional \$13,000 combined in both plans.
  - You may enroll in the 403(b) and 457(b) plans at any time throughout the year.
     Information about the plan and how to enroll is available through the <u>USG Retirement</u> website.
- Financial Counseling and Retirement Advice Sessions
  - The USG retirement program offers financial advice sessions with the following approved providers: CAPTRUST, TIAA, Fidelity and AIG. Information on how to schedule an appointment is available on the USG Retirement website by clicking the following link <u>USG</u> <u>Financial Counseling</u>.

**Employees Retirement Plan (ERS)** 

• Employees enrolled in ERS may be enrolled in one of three plans: Old Plan, New Plan and the Georgia State Employees Pension and Savings Plan (GSEPS). Contribution rates are available in the attached document.

Detailed information about contribution limits and rates are available in the <u>document attached</u> to this announcement. If you have any questions, please feel free to reach out to <u>benefits@gcsu.edu</u> or call (478) 445-5596.

Thank you,

Benefits, Office of Human Resources

Updated: 2023-06-12

benefits@gcsu.edu (478)-445-5596

# DEPARTMENT WEB SITE Human Resources, Office of

### **ATTACHMENT**

Notes about attachments are on the second page of this document.

Retirement Plan Info\_Year End 2021 and 2022\_12.16.2021.pdf

# **Announcements Posted Monday December 20, 2021**

# Chick-fil-A Closed 12/20-12/23

Dining Services: Monday December 20, 2021

Due to an equipment issue, Chick-fil-A will be closed December 20-23.

Updated: 2023-06-12

### **CONTACT INFORMATION**

Matthew Terry matthew.terry@gcsu.edu (478)-445-5925

### **DEPARTMENT WEB SITE**

**Dining Services** 

## Holiday Break Preparations - Assistance Needed From/For All

Sustainability, Office of: Monday December 20, 2021

As the end of the year is here, Facilities Management will make special provisions to reduce energy consumption over the holiday break. To augment this effort, your assistance will be greatly appreciated by performing the following tasks before you leave:

- 1. Turn off all lights including display case lighting.
- 2. Power down and unplug all non-essential energy-consuming sources (computers, printers, projects, refrigerators, space heaters, phone chargers, televisions, etc.).
- 3. Remove food and liquid waste from refrigerators/offices and place these items in the common areas (kitchens, lounges) or discard in waste containers.
- 4. Where applicable, adjust thermostats to 70 degrees.
- 5. Close and lock all windows and doors.
- 6. Where applicable, open window blinds.
- 7. Conduct a walkthrough of your building, identify any potential problems and report them to Maintenance Direct.

Facilities Management will reduce building heating levels and shut down some air conditioning systems over the holiday period. Be aware, this means that some buildings might be uncomfortably cold or warm, depending on the weather conditions during that time. Normal operations will resume Tuesday, Jan. 4.

Thank you for your cooperation in these energy saving tasks. Have a safe holiday break!

Updated: 2023-06-12

#### **CONTACT INFORMATION**

Lori Hamilton lori.hamilton@gcsu.edu (478)-445-7016

DEPARTMENT WEB SITE Sustainability, Office of

# **Announcements Posted Tuesday December 21, 2021**

## **Remote Jabber Access Maintenance**

Information Technology: Tuesday December 21, 2021

Networking staff are performing maintenance on the off of campus remote access system for Jabber from Tuesday morning 12/21/2021 starting at 8:00 am until Wednesday 12/22/2021 at 5:00 pm. The system will be unavailable during much of this time. Please use one of the VPN systems to first attach to the Campus LAN to access Jabber from off of campus. Please contact the Serve Help Desk at 478-445-7378 if you encounter difficulty with connecting.

Updated: 2023-06-12

CONTACT INFORMATION
Serve Help Desk

serve@gcsu.edu (478)-445-7378

**DEPARTMENT WEB SITE** 

**Information Technology** 

# **Upcoming Test of the Alertus Desktop Emergency Notification System**

Public Safety: Tuesday December 21, 2021

The Georgia College Department of Public Safety has scheduled a test of the Alertus desktop notification system, a component of GC ALERT. This test will occur on Wednesday, December 22nd, 2021 at 2:00 pm. This system is designed to notify campus community members of emergency circumstances by broadcasting messages on institutional computers.

If a test message appears on your computer, simply acknowledge the message to resume control of your machine. Otherwise, no action is needed from campus community members.

Thank you for staying safe by being informed.

Updated: 2023-06-12

**CONTACT INFORMATION** 

Brett Stanelle brett.stanelle@gcsu.edu (478) 445-4054

DEPARTMENT WEB SITE Public Safety

# **Staff Council Monthly Meeting: December 21**

Staff Council: Tuesday December 21, 2021

Staff Council will hold its next monthly meeting on Tuesday, December 21 at 3 p.m at Atkinson 202. Meetings are open to any staff member who would like to attend.

An online link to the meeting is available at <a href="https://gcsu.webex.com/meet/elizabeth.giordano">https://gcsu.webex.com/meet/elizabeth.giordano</a>.

Updated: 2023-06-12

### **CONTACT INFORMATION**

Joshua Smith joshua.smith4@gcsu.edu (478)-445-4477

DEPARTMENT WEB SITE Staff Council

# **Announcements Posted Wednesday December** 22, 2021

# **Submit content for GC Today!**

Student Life, Office of: Wednesday December 22, 2021

The Division of Student Life is excited to roll out a daily text message service called "GC Today". Students, faculty, and staff can opt-in by texting 478-999-9859. The daily text will list 2-3 events happening on campus that day and a link to GC Connect where the full calendar can be found. Events will be pulled from GC Connect, and we encourage all departments to use that platform to advertise their activities. You can also e-mail emily.jarvis@gcsu.edu to submit an event for GC Today. Messages for the week will be pre-scheduled the Friday before, so please send details by that Thursday at 5 PM. (Space is limited in the daily texts, so inclusion of all content will be at the discretion of Student Life staff.)

Updated: 2023-06-12

### **CONTACT INFORMATION**

Emily Jarvis emily.jarvis@gcsu.edu 478-445-8566

**DEPARTMENT WEB SITE Student Life. Office of** 

# Governing Board Meeting of the Sandra Dunagan Deal Center for Early Language and Literacy

Center for Early Language & Literacy: Wednesday December 22, 2021

The Governing Board of the Sandra Dunagan Deal Center for Early Language and Literacy at Georgia College will hold its quarterly meetings for the year 2022 as follows: January 12, April 13, July 13, October 12, from 10 am to 12 pm.

The January 12, 2022 meeting will be held at Georgia Department of Community Supervision Boardroom, 2 Martin Luther King, Jr. Drive SE, Eighth Floor, East Tower, Atlanta, GA 30334. Call 478-445-8500 for more information.

Updated: 2023-06-12

### **CONTACT INFORMATION**

Elizabeth Panther elizabeth.panther@gcsu.edu 478-445-8500

### **DEPARTMENT WEB SITE**

**Center for Early Language & Literacy** 

# **Announcements Posted Thursday December 23, 2021**

# **Upcoming CTL Workshops in January**

Center for Teaching & Learning: Thursday December 23, 2021

GeorgiaVIEW Bootcamp: Get Ready for the New Semester

January 12, 9 a.m. to 11 a.m.

This 2-hour workshop and virtual open classroom aims to offer all faculty members an opportunity to finish their GeorgiaVIEW setup for the spring semester. Jaclyn Queen and Alison Shepherd will start with a brief introduction to the grade book set up, and participants will have a chance to work on their own teaching projects in breakout rooms. Faculty members are encouraged to bring their syllabus and laptop to the workshop. CTL staff will facilitate any GeorgiaVIEW projects, including grade book set up, content structure, assignment and discussion creation, and more.

Register for the GeorgiaVIEW Bootcamp!

Personalized and Interactive Learning with GeorgiaVIEW

January 19, 10 a.m.

GeorgiaView (D2L) is the learning management system for faculty and students in Georgia College. GeorgiaView allows instructors to create a personalized learning experience for students. In this virtual workshop, Jaclyn Queen and Alison Shepherd will introduce available tools in GeorgiaView to create customized communication, self-paced content, and personalized assessment for students. Workshop participants will have opportunities to work with CTL staff on their personal teaching projects in breakout rooms. We encourage participants to prepare questions to ask/bring projects to work on in the workshop to achieve maximum outcomes.

Register for Personalized and Interactive Learning with GeorgiaVIEW!

**Recording Videos Using Recording Software** 

January 26, 2 p.m.

Jaclyn Queen and Alison Shepherd welcome you to join them at the Recording Videos using Video Recording Software (Kaltura) virtual workshop. Research shows that students learn best through different forms of presentations. This workshop will provide information on creating videos to help you enhance your lessons. By attending this one-hour-long workshop, you will have opportunities

to explore ways to record screencast videos, upload videos, and edit videos using Kaltura editor. During the workshop, participants will learn about recording videos from different platforms: Zoom, WebEx, Kaltura, iPad screen recording software, and Android screen recording software. Participants will have a chance to practice creating one-minute videos at the end of the workshop. Let's create together!

### Register for Recording Videos Using Recording Software!

Updated: 2023-06-12

### **CONTACT INFORMATION**

Center for Teaching and Learning ctl@gcsu.edu (478) 445-2520

### **DEPARTMENT WEB SITE**

**Center for Teaching & Learning**