

#Benefits Of Singing

SOCIAL

PHYSICAL



IMPROVES
*SENSE OF SELF
*SOCIAL INCLUSION
*SPEED OF SOCIAL BONDING
*COMMUNICATION SKILLS



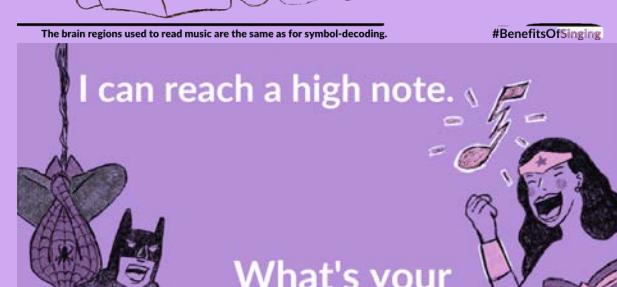
IMPROVES
*HEART RATE ALIGNMENT
*RESPIRATORY FUNCTION
*BRAIN FUNCTION
*IMMUNITY

PSYCHOLOGICAL

EDUCATIONAL



DEVELOPS
*OUTLET FOR FEELINGS
*INDIVIDUAL IDENTITY
*COMMUNICATION SKILLS



CHORAL ENSEMBLES

GEORGIA COLLEGE & STATE UNIVERSITY