



CONVERSATION

WITH DR. MEG JAY

Thursday, Oct. 23

2 p.m. in Magnolia Ballroom | Reception to follow

Meg Jay PhD is a developmental clinical psychologist who specializes in twentysomethings. She is the author of the seminal book on modern young adulthood, *The Defining Decade: Why Your Twenties Matter and How to Make the Most of Them Now*, *The Twentysomething Treatment: A Revolutionary Remedy for an Uncertain Age*, and *Supernormal: The Secret World of the Family Hero*. Her books have been translated into more than a dozen languages and her work has appeared in the *New York Times*, *Wall Street Journal*, *Harvard Business Review*, and on *NPR* and *BBC*.

The New York Times  

 

