

Take time away from the stress of classes with a fun break, while prioritizing your mental health.

LET'S ROCK OUR HEART OUT!

# ROCKIN' WITH MENTAL HEALTH

2023

THURSDAY | 28 SEPTEMBER, 2023

6:00 PM - 8:00 PM

Location:

GC Wellness & Recreation Center

**DANCE CARDIO FROM 6:30-7:30**

Register:  
IMLeagues

OR

Check in:  
W/ Fitness  
Assitant @ WRC

**MURAL PAINTING W. CHSI  
PIZZA PROVIDED**



WELLNESS AND  
RECREATION  
GEORGIA COLLEGE & STATE UNIVERSITY



GEORGIA  
COLLEGE  
GEORGIA'S PUBLIC LIBERAL ARTS UNIVERSITY  
College of Health Sciences  
Center for Health and Social Issues